



Moxie Frappé Nutrition Facts

Note: * Add for Whipped Cream

Note: * Add for Whipped Cream

Nutrition Facts	Mocha Base Café Frappé Drinks*									Vanilla Base Café Frappé Drinks*						Coffee Base Café Frappé Drinks*					
	Mocha Frappé			Caramocha			Mochanut			Caramelo			Café Velvet			Coffee Frappe			Caramelo 2 (Alternate recipe)		
Serving Size (ounces)	12	16	24	12	16	24	12	16	24	12	16	24	12	16	24	12	16	24	12	16	24
Calories	230	306	459	280	374	560	249	333	499	264	352	527	233	311	466	250	334	500	298	398	597
Calories from Fat	61	82	123	53	70	105	53	70	105	42	56	84	42	56	84	82	109	163	71	94	142
Total Fat (Grams)	7	9	14	6	8	12	6	8	12	5	6	10	5	6	10	10	14	21	9	12	18
Saturated Fat (Grams)	2	3	5	2	3	4	2	3	4	1	2	2	1	2	2	2	3	5	2	3	4
Cholesterol (Milligrams)	0	0	0	2	2	3	0	0	0	2	2	3	0	0	0	0	0	0	2	2	3
Sodium (Milligrams)	77	102	153	122	163	244	70	94	140	116	155	233	65	86	129	108	144	217	149	199	299
Total Carbohydrate	38	51	77	53	71	106	46	62	93	50	67	101	44	58	87	37	49	74	52	69	104
Dietary Fiber (Grams)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sugars (Grams)	32	43	64	44	59	88	41	55	82	43	57	86	40	53	80	29	39	58	41	55	83
Protein (Grams)	5	6	9	4	5	8	4	5	8	4	5	7	4	5	7	5	6	9	4	5	8
Vitamins & Minerals (%RDA)																					
Vitamin A	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Vitamin C	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Calcium	15%	20%	31%	13%	18%	26%	13%	18%	26%	10%	13%	19%	10%	13%	19%	15%	20%	31%	13%	18%	26%
Iron	31%	41%	61%	26%	35%	53%	26%	35%	53%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%

Note: * Add for Whipped Cream

Nutrition Facts	Vanilla Base Cream Frappé Drinks*																		*Whipped Cream	
	Vanilla Cream			Caramel Cream			Coconut Cream			Root Beer			Orangecicle			Raspberry			Light (Canned)	Fresh, Heavy (Dispenser)
Serving Size (ounces)	12	16	24	12	16	24	12	16	24	12	16	24	12	16	24	12	16	24	6	6
Calories	233	311	466	264	352	527	233	311	466	233	311	466	233	311	466	240	321	481	15	27
Calories from Fat	42	56	84	42	56	84	42	56	84	42	56	84	42	56	84	42	56	84	10	27
Total Fat (Grams)	5	6	10	5	6	10	5	6	10	5	6	10	5	6	10	5	6	10	1	3
Saturated Fat (Grams)	1	2	2	1	2	2	1	2	2	1	2	2	1	2	2	1	2	2	1	2
Cholesterol (Milligrams)	0	0	0	2	2	3	0	0	0	0	0	0	0	0	0	0	0	0	5	11
Sodium (Milligrams)	65	86	129	116	155	233	65	86	129	65	86	129	65	86	129	65	86	129	0	3
Total Carbohydrate	44	58	87	50	67	101	44	58	87	44	58	87	44	58	87	45	60	90	1	0
Dietary Fiber (Grams)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sugars (Grams)	40	53	80	43	57	86	40	53	80	40	53	80	40	53	80	40	53	80	1	0
Protein (Grams)	4	5	7	4	5	7	4	5	7	4	5	7	4	5	7	4	5	7	0	0
Vitamins & Minerals (%RDA)																				
Vitamin A	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0.0%	2.1%
Vitamin C	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0.0%	0.0%
Calcium	10%	13%	19%	10%	13%	19%	10%	13%	19%	10%	13%	19%	10%	13%	19%	10%	13%	19%	0.0%	0.0%
Iron	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0.0%	0.0%