



Latte

A popular creation that blends freshly brewed espresso and creamy steamed milk, capped with a short layer of velvety foam.

Caffe Latte

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Caffe Latte	12 oz	Whole	153.75	70.00	8.15	5.08	0.00	35.00	41.00	11.75	0.00	11.00	8.00	300.00	2.40	100.00	300.75	0.08
Caffe Latte	16 oz	Whole	191.25	87.50	10.15	6.33	0.00	43.75	49.75	14.50	0.00	13.75	10.00	375.00	3.00	125.00	375.75	0.08
Caffe Latte	20 oz	Whole	251.25	113.75	13.30	8.28	0.00	56.88	68.88	19.38	0.00	17.88	13.00	487.50	3.90	162.50	489.00	0.15
Caffe Latte, Skinny	12 oz	Fat Free	83.75	0.00	0.15	0.08	0.00	5.00	131.00	12.75	0.00	12.00	9.00	500.00	2.40	100.00	300.75	0.08
Caffe Latte, Skinny	16 oz	Fat Free	103.75	0.00	0.15	0.08	0.00	6.25	162.25	15.75	0.00	15.00	11.25	625.00	3.00	125.00	375.75	0.08
Caffe Latte, Skinny	20 oz	Fat Free	137.50	0.00	0.30	0.15	0.00	8.13	215.13	21.00	0.00	19.50	14.63	812.50	3.90	162.50	489.00	0.15



Flavored Latte

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Caffe Latte, Flavored	12 oz	Fat Free	143.75	0.00	0.15	0.08	0.00	4.38	121.38	29.25	0.00	28.50	7.88	437.50	2.10	87.50	263.25	0.08
Caffe Latte, Flavored	16 oz	Fat Free	198.75	0.00	0.15	0.08	0.00	5.63	155.63	41.25	0.00	40.50	10.13	562.50	2.70	112.50	338.25	0.08
Caffe Latte, Flavored	20 oz	Fat Free	257.50	0.00	0.30	0.15	0.00	6.88	195.88	54.00	0.00	52.50	12.38	687.50	3.30	137.50	414.00	0.15
Caffe Latte, Flavored	12 oz	Whole	205.00	61.25	7.15	4.45	0.00	30.63	42.63	28.38	0.00	27.63	7.00	262.50	2.10	87.50	263.25	0.08
Caffe Latte, Flavored	16 oz	Whole	277.50	78.75	9.15	5.70	0.00	39.38	54.38	40.13	0.00	39.38	9.00	337.50	2.70	112.50	338.25	0.08
Caffe Latte, Flavored	20 oz	Whole	353.75	96.25	11.30	7.03	0.00	48.13	72.13	52.63	0.00	51.13	11.00	412.50	3.30	137.50	414.00	0.15
Caffe Latte, Sugar Free Flavored	12 oz	Fat Free	73.75	0.00	0.15	0.08	0.15	4.38	125.38	11.25	0.00	10.50	7.88	437.50	2.10	87.50	263.25	0.08
Caffe Latte, Sugar Free Flavored	16 oz	Fat Free	93.75	0.00	0.15	0.08	0.15	5.63	161.63	14.25	0.00	13.50	10.13	562.50	2.70	112.50	338.25	0.08
Caffe Latte, Sugar Free Flavored	20 oz	Fat Free	117.50	0.00	0.30	0.15	0.30	6.88	203.88	18.00	0.00	16.50	12.38	687.50	3.30	137.50	414.00	0.15
Caffe Latte, Sugar Free Flavored	12 oz	Whole	135.00	61.25	7.15	4.45	0.15	30.63	46.63	10.38	0.00	9.63	7.00	262.50	2.10	87.50	263.25	0.08
Caffe Latte, Sugar Free Flavored	16 oz	Whole	172.50	78.75	9.15	5.70	0.15	39.38	60.38	13.13	0.00	12.38	9.00	337.50	2.70	112.50	338.25	0.08
Caffe Latte, Sugar Free Flavored	20 oz	Whole	213.75	96.25	11.30	7.03	0.30	48.13	80.13	16.63	0.00	15.13	11.00	412.50	3.30	137.50	414.00	0.15



Latte Breve

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Latte Breve	12 oz	Half & Half	283.75	160.00	24.15	16.08	0.00	120.00	126.00	8.75	0.00	8.00	8.00	800.00	0.00	100.00	320.75	0.08
Latte Breve	16 oz	Half & Half	353.75	200.00	30.15	20.08	0.00	150.00	156.00	10.75	0.00	10.00	10.00	1000.00	0.00	125.00	400.75	0.08
Latte Breve	20 oz	Half & Half	462.50	260.00	39.30	26.15	0.00	195.00	207.00	14.50	0.00	13.00	13.00	1300.00	0.00	162.50	521.50	0.15
Latte Breve, Flavored	12 oz	Half & Half	318.75	140.00	21.15	14.08	0.00	105.00	117.00	25.75	0.00	25.00	7.00	700.00	0.00	87.50	280.75	0.08
Latte Breve, Flavored	16 oz	Half & Half	423.75	180.00	27.15	18.08	0.00	135.00	150.00	36.75	0.00	36.00	9.00	900.00	0.00	112.50	360.75	0.08
Latte Breve, Flavored	20 oz	Half & Half	532.50	220.00	33.30	22.15	0.00	165.00	189.00	48.50	0.00	47.00	11.00	1100.00	0.00	137.50	441.50	0.15
Latte Breve, Sugar Free Flavored	12 oz	Half & Half	248.75	140.00	21.15	14.08	0.15	105.00	121.00	7.75	0.00	7.00	7.00	700.00	0.00	87.50	280.75	0.08
Latte Breve, Sugar Free Flavored	16 oz	Half & Half	318.75	180.00	27.15	18.08	0.15	135.00	156.00	9.75	0.00	9.00	9.00	900.00	0.00	112.50	360.75	0.08
Latte Breve, Sugar Free Flavored	20 oz	Half & Half	392.50	220.00	33.30	22.15	0.30	165.00	197.00	12.50	0.00	11.00	11.00	1100.00	0.00	137.50	441.50	0.15



Mocha Breve

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Caffe Latte	12 oz	Whole	340.00	250.00	28.00	17.00	0.00	90.00	120.00	17.00	0.00	7.00	8.00	15.00	4.00		25.00	4.00
Caffe Latte	16 oz	Whole	490.00	350.00	39.00	24.00	0.00	125.00	160.00	25.00	0.00	10.00	11.00	25.00	6.00		35.00	4.00
Caffe Latte	20 oz	Whole	580.00	410.00	46.00	29.00	0.00	145.00	200.00	31.00	1.00	13.00	13.00	30.00	6.00		40.00	6.00

Pumpkin Pie Latte

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Pumpkin Pie Latte	12 oz	Whole	245.00	61.25	7.15	4.45	0.00	30.63	86.63	36.38	0.00	35.63	8.00	262.50	2.10	87.50	263.25	0.08
Pumpkin Pie Latte	16 oz	Whole	337.50	78.75	9.15	5.70	0.00	39.38	120.38	52.13	0.00	51.38	10.50	337.50	2.70	112.50	338.25	0.08
Pumpkin Pie Latte	20 oz	Whole	433.75	96.25	11.30	7.03	0.00	48.13	160.13	68.63	0.00	67.13	13.00	412.50	3.30	137.50	414.00	0.15
Pumpkin Pie Latte, Skinny	12 oz	Fat Free	183.75	0.00	0.15	0.08	0.00	4.38	165.38	37.25	0.00	36.50	8.88	437.50	2.10	87.50	263.25	0.08
Pumpkin Pie Latte, Skinny	16 oz	Fat Free	258.75	0.00	0.15	0.08	0.00	5.63	221.63	53.25	0.00	52.50	11.63	562.50	2.70	112.50	338.25	0.08
Pumpkin Pie Latte, Skinny	20 oz	Fat Free	337.50	0.00	0.30	0.15	0.00	6.88	283.88	70.00	0.00	68.50	14.38	687.50	3.30	137.50	414.00	0.15



Raspberry Latte

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Raspberry Latte	12 oz	Fat Free	153.75	0.00	0.15	0.08	0.00	4.38	121.38	31.25	0.00	28.50	7.88	437.50	2.10	87.50	263.25	0.08
Raspberry Latte	16 oz	Fat Free	213.75	0.00	0.15	0.08	0.00	5.63	155.63	44.25	0.00	40.50	10.13	562.50	2.70	112.50	338.25	0.08
Raspberry Latte	20 oz	Fat Free	277.50	0.00	0.30	0.15	0.00	6.88	195.88	58.00	0.00	52.50	12.38	687.50	3.30	137.50	414.00	0.15
Raspberry Latte	12 oz	Whole	215.00	61.25	7.15	4.45	0.00	30.63	42.63	30.38	0.00	27.63	7.00	262.50	2.10	87.50	263.25	0.08
Raspberry Latte	16 oz	Whole	292.50	78.75	9.15	5.70	0.00	39.38	54.38	43.13	0.00	39.38	9.00	337.50	2.70	112.50	338.25	0.08
Raspberry Latte	20 oz	Whole	373.75	96.25	11.30	7.03	0.00	48.13	72.13	56.63	0.00	51.13	11.00	412.50	3.30	137.50	414.00	0.15

Soy Caffe Latte

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Soy Latte	12 oz	Soy	83.75	30.00	3.15	0.08	0.00	0.00	236.00	9.75	0.75	6.00	5.00	0.00	0.00	100.00	20.75	0.80
Soy Latte	16 oz	Soy	103.75	37.50	3.90	0.08	0.00	0.00	293.50	12.00	0.94	7.50	6.25	0.00	0.00	125.00	25.75	0.98
Soy Latte	20 oz	Soy	137.50	48.75	5.18	0.15	0.00	0.00	385.75	16.13	1.22	9.75	8.13	0.00	0.00	162.50	34.00	1.32
Soy Latte, Flavored	12 oz	Soy	143.75	26.25	2.78	0.08	0.00	0.00	213.25	26.63	0.66	23.25	4.38	0.00	0.00	87.50	18.25	0.71
Soy Latte, Flavored	16 oz	Soy	198.75	33.75	3.53	0.08	0.00	0.00	273.75	37.88	0.84	33.75	5.63	0.00	0.00	112.50	23.25	0.89
Soy Latte, Flavored	20 oz	Soy	257.50	41.25	4.43	0.15	0.00	0.00	340.25	49.88	1.03	44.25	6.88	0.00	0.00	137.50	29.00	1.14



Soy Caffè Mocha

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Soy Caffè Mocha	12 oz	Soy	223.75	30.75	3.28	0.08	0.00	5.00	302.25	45.63	1.66	17.25	5.38	0.00	0.00	95.50	18.25	0.71
Soy Caffè Mocha	16 oz	Soy	318.75	40.50	4.28	0.08	0.00	7.50	407.25	66.38	2.34	24.75	7.13	0.00	0.00	124.50	23.25	0.89
Soy Caffè Mocha	20 oz	Soy	417.50	50.25	5.43	0.15	0.00	10.00	518.25	87.88	3.03	32.25	8.88	0.00	0.00	153.50	29.00	1.14
Soy Caffè Mocha, Flavored	12 oz	Soy	283.75	27.00	2.90	0.08	0.00	5.00	273.50	50.50	1.56	34.50	4.75	0.00	0.00	83.00	15.75	0.62
Soy Caffè Mocha, Flavored	16 oz	Soy	413.75	36.75	3.90	0.08	0.00	7.50	378.50	74.25	2.25	51.00	6.50	0.00	0.00	112.00	20.75	0.80
Soy Caffè Mocha, Flavored	20 oz	Soy	547.50	46.50	5.05	0.15	0.00	10.00	489.50	98.75	2.94	67.50	8.25	0.00	0.00	141.00	26.50	1.05